

# FIELD TRIP DAY

CONDORS EDUCATIONAL BOOKLET



**THURSDAY, NOV 21**  
**FIELD TRIP DAY**



**Dignity Health**



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# 2019



# 2020

## SEPTEMBER | OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
					* 27 STK 7:00	28
* 29 STK 5:00	30	1	2	3	4 SD 7:00	5 ONT 7:00
6	7	8	9	10	11	12
13 SJ 1:15	14	15 STK 7:00	16	17	18	19 STK 7:00
20	21	22	23 ONT 6:30	24	25 STK 7:00	26 STK 7:00
27	28	29	30 SJ 11:00AM	31		

## NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
					1 ONT 7:00	2
3	4	5	6	7	8 SD 7:00	9 SJ 7:00
10	11	12	13	14	15 COL 6:05	16 COL 6:05
17	18	19	20	21 STK 10:30AM	22 IA 5:00	23
24 IA 1:00	25	26	27 TUC 6:00	28	29 SJ 6:00	30 ONT 7:00

## DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6 STK 6:00
8	9	10	11 SJ 7:00	12	13 GR 7:00	14 GR 7:00
15	16	17	18	19	20	21 COL 6:05
22 COL 2:05	23	24	25	26	27	28 STK 7:00
29 SJ 5:00	30	31 ONT 6:00				

## JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 SD 7:00	4 SD 7:00
5	6	7	8 STK 7:00	9	10 ONT 7:00	11 IA 7:00
12	13	14 IA 6:30	15	16	17 COL 7:00	18 SD 7:00
19 ONT 3:00	20	21	22 SJ 6:30	23	24 TUC 6:05	25 TUC 6:05
26 SKILLS COMP	27 ALL-STAR CLASSIC	28	29	30	31 ONT 7:00	

## FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
						1 STK 6:00
2	3	4	5 TUC 6:30	6	7 ONT 7:00	8
9 SD 5:00	10	11	12 ONT 7:00	13	14 COL 7:00	15 COL 7:00
16 SJ 5:00	17	18	19	20	21 SD 7:00	22 COL 7:00
23	24	25	26	27	28	29 ONT 6:00

## MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
1 TUC 5:00	2	3	4	5	6 STK 7:00	7 STK 7:00
8	9	10	11	12	13 GR 4:00	14 GR 4:00
15	16	17	18	19	20	21 SJ 7:00
22	23	24	25 STK 6:30	26	27 SD 7:00	28 COL 7:00
29	30	31				

## APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 TUC 7:05	4 TUC 7:05
5	6	7	8 SJ 6:30	9	10 SJ 7:00	11 TUC 7:00

HOME GAMES - RABOBANK ARENA

ROAD GAMES \* - PRESEASON GAME

ALL TIMES LISTED ARE PACIFIC TIME.  
ALL ELEMENTS OF THIS SCHEDULE ARE SUBJECT TO CHANGE.

COL - COLORADO EAGLES | GR - GRAND RAPIDS GRIFFINS | IA - IOWA WILD  
ONT - ONTARIO REIGN | SD - SAN DIEGO GULLS | SJ - SAN JOSE BARRACUDA  
STK - STOCKTON HEAT | TUC - TUCSON ROADRUNNERS



# 2019 REGULAR SEASON PACIFIC DIVISION CHAMPS

324-PUCK (7825) • CONDORSTOWN.COM



## MEMBERSHIP INCLUDES

- LOWER LEVEL FLEX VOUCHER TO ANY CONDORS GAME (EXCLUDING TEDDY BEAR TOSS)
- OFFICIAL ID BADGE
- CONDORS KIDS CLUB GIFT & GOODIES
- EXCLUSIVE KIDS CLUB PARTY WITH THE PLAYERS
- EXCLUSIVE KIDS CLUB FAN TUNNEL - SAT, DEC 28



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Dear Student,

Welcome to our 16th Annual Field Trip Day Game! We are so glad you could join us. If you think it is loud in the stands today, you should hear it down on the ice. The more noise you can make, the better – your teachers won't mind, let us hear you!

We hope that you have fun and learn a little hockey at the same time. This game moves fast. We need to keep our bodies healthy and our minds sharp at all times. Our understanding of math, physics, proper communication, nutrition and biology all come into play in our daily lives.

Take the opportunity to learn as much as you can, and with hard work and plenty of practice, you can achieve great things on or off the ice. Thanks for coming, and remember, make some noise!!!

Your friend,  
Keegan Lowe, Condors Captain





# HOCKEY 101

**The Rink:** A hockey rink is a large rectangle with rounded corners. The ice surface of a standard rink is 200 feet by 85 feet, but dimensions can vary.

**Markings:** The rink is divided in half by a red line used to determine icing. The two blue lines designate offensive and defensive zones and determine offsides.

**Boards:** The rink is surrounded by four feet high dasher boards. Extending from the boards are panes of Plexiglass.

**Nets:** The goal nets have openings that are four feet high by six feet wide.

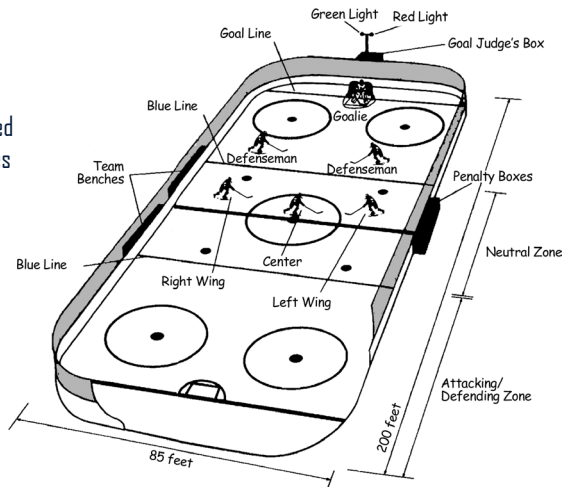
**Goal Light:** When a goal is scored, a red light is illuminated behind the net. The light is operated by a goal judge who sits in a glass booth directly behind the net.

**The Crease:** The area shaded blue in front of each goal area is the crease. No player from the attacking team is allowed inside the crease unless the puck is there.

**The Puck:** A four-ounce vulcanized rubber disc that is one inch thick and three inches in diameter. Pucks are kept frozen to minimize bouncing on the ice.

**Players:** Teams are allowed to dress 18 players and two goalies. Most of the time, there are 5 skaters plus one goalie per team on the ice. Sometimes one team may have fewer players because of penalties or they can pull their goalie in favor of an extra attacker.

**Officials:** The game is officiated by two referees and two linesmen. The referee has an orange stripe on his sleeves. He calls most penalties while the linesmen call offsides and icing. The linesmen also break up fights. Sometimes only one referee is used.





# HOCKEY 101

**Icing The Puck:** Icing is when a player on his team's side of the red centerline shoots the puck all the way down the ice and it crosses the red goal line at any point (other than the goal). Icing is not permitted when teams are at equal strength or on the power play. When this occurs, play is stopped and the puck is returned to the other end of the ice for a face-off in the offending team's zone. Icing the puck is not called:

- If the goalie leaves the crease to play the puck, even if he does not touch the puck
- If an official rules an opposing player could have played the puck before it crossed the red goal line
- An official may wave off the icing call if he deems it was an attempted pass

**Offside:** A team is offside when any member of the attacking team precedes the puck over the defending team's blue line. The position of the player's skate — and not that of his stick — is the determining factor. If both skates are over the blue line before the puck, the player is offside. If he has only one skate over the blue line and one on it, he is onside.

**Shootouts:** Any regular-season game that ends overtime play with a tie score goes into a shootout. A shootout is a series of penalty shots in which each team is allowed three attempts to score in alternating fashion. If after three attempts the teams remain tied, the shootout will continue to alternate shots until one team fails to match the attempt of the other. The winner of the shootout will be awarded one goal and two points in the standings.

**Shot On Goal:** A shot on goal is a shot that will enter the goal if it is not stopped by the goaltender. A shot on goal must result in either a goal or a save.

**Penalties:** Penalties are classified into three categories: minor, major, and misconduct. For a minor penalty, players are required to serve two minutes in the penalty box while their team plays shorthanded. A minor penalty expires if the opposing team scores while on the power play. Major penalties require a player to serve five minutes in the penalty box and only expire at the end of that time. Misconduct penalties vary in length.

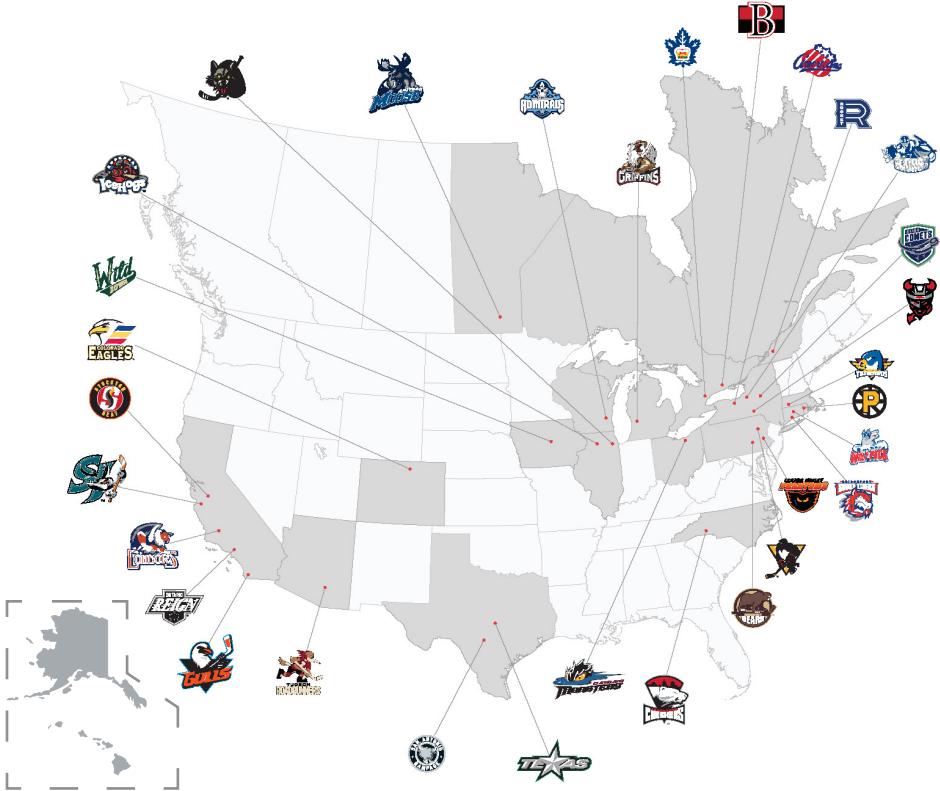
**Power Plays & Penalty Kills:** A team is on the power play when one team has more players on the ice than the other team because a player is serving a penalty. Conversely, the team with fewer players is on the penalty kill.

**Overtime:** Any regular-season game that ends regulation play with a tie score goes into a five-minute sudden-death overtime period. If at the end of that overtime period the game remains tied, the game goes into a shootout. During the playoffs, there are no shootouts and sudden-death overtime periods are 20 minutes in length.



# GEOGRAPHY

Use the map below to answer following questions!



1. Which state features the most teams in the AHL?

2. How many AHL teams play outside the United States?

3. How many states have an AHL Hockey team?

4. What is the Northern most team in the AHL?

5. How many teams play in a state or province that touches one of The Great Lakes?

# MONEY MATTERS

**Test your math and money skills by completing the problems below!**

1. The players are going to Canada soon and need to go into Kern Schools Federal Credit Union to exchange their currency from U.S. to Canadian. If a Canadian dollar is worth .76 U.S. cents, how much Canadian money will a player get with \$105 U.S. dollars?

2. Forward Josh Currie has \$18 in his pocket, but the team dinner in San Diego costs \$37. How many dollars does he need to take out of his Kern Schools Federal Credit Union checking account to go to lunch?

3. Goalie Shane Starrett knows how to save money and live within his means. He was given \$300 to go to Grand Rapids, but only spent \$168. How much money can he put back into his Kern Schools Federal Credit Union checking account when he gets back from the road trip?

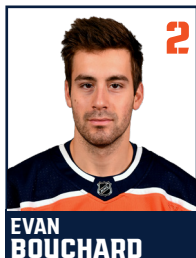
4. The entire Condors team is heading out for a meal in San Jose, and putting the bill on a Kern Schools Federal Credit Union credit card. If the meal cost \$1,250 and they wanted to add on a 20% tip for the servers, how much will the waiter's tip be?

5. Colonel Claw'd had \$1,000 in his Kern Schools Federal Credit Union savings account. He just bought new hockey equipment for the season. He spent \$200 on skates, \$75 on gloves, \$50 on a helmet, \$135 on pads and \$65 on a stick. How much money does Colonel Claw'd have remaining in his savings account?





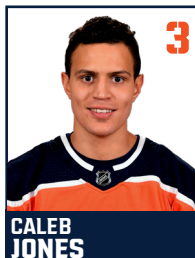
2019-2020  
**BAKERSFIELD  
CONDORS**



**EVAN  
BOUCHARD**

**DEFENSEMAN**

SHOOTS: RIGHT  
HEIGHT: 6'2"  
WEIGHT: 198  
BORN: 10/20/99  
OAKVILLE, ON, CAN



**CALEB  
JONES**

**DEFENSEMAN**

SHOOTS: LEFT  
HEIGHT: 6'1"  
WEIGHT: 192  
BORN: 06/06/97  
DALLAS, TX, USA



**KEEGAN  
LOWE [C]**

**DEFENSEMAN**

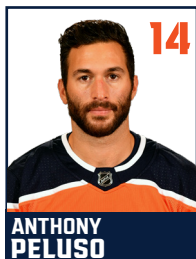
SHOOTS: LEFT  
HEIGHT: 6'2"  
WEIGHT: 194  
BORN: 03/29/93  
EDMONTON, AB, CAN



**JOE  
GAMBARDELLA**

**FORWARD**

SHOOTS: LEFT  
HEIGHT: 5'10"  
WEIGHT: 200  
BORN: 12/06/93  
STATEN ISLAND, NY, USA



**ANTHONY  
PELUSO**

**FORWARD**

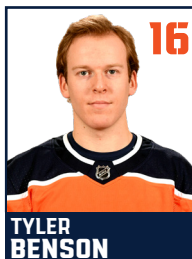
SHOOTS: RIGHT  
HEIGHT: 6'3"  
WEIGHT: 225  
BORN: 04/18/89  
BARRIE, ON, CAN



**MILES  
KOULES**

**FORWARD**

SHOOTS: RIGHT  
HEIGHT: 6'0"  
WEIGHT: 192  
BORN: 06/25/94  
LOS ANGELES, CA, USA



**TYLER  
BENSON**

**FORWARD**

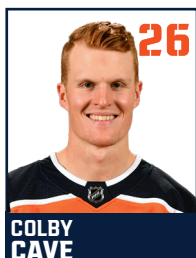
SHOOTS: LEFT  
HEIGHT: 6'0"  
WEIGHT: 192  
BORN: 03/15/98  
EDMONTON, AB, CAN



**BRAD  
MALONE [A]**

**FORWARD**

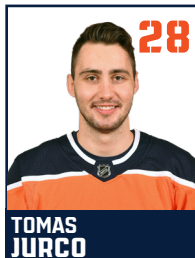
SHOOTS: LEFT  
HEIGHT: 6'2"  
WEIGHT: 212  
BORN: 05/20/89  
CHATHAM, NB, CAN



**COLBY  
CAVE**

**FORWARD**

SHOOTS: RIGHT  
HEIGHT: 6'1"  
WEIGHT: 200  
BORN: 12/26/94  
NORTH BATTLEFORD, SK, CAN



**TOMAS  
JURCO**

**FORWARD**

SHOOTS: LEFT  
HEIGHT: 6'1"  
WEIGHT: 200  
BORN: 12/28/92  
KOSICE, SLOVAKIA



**RYAN  
MCLEOD**

**FORWARD**

SHOOTS: LEFT  
HEIGHT: 6'3"  
WEIGHT: 200  
BORN: 09/21/99  
MISSISSAUGA, ON, CAN



**STUART  
SKINNER**

**GOALIE**

SHOOTS: RIGHT  
HEIGHT: 6'3"  
WEIGHT: 203  
BORN: 11/01/98  
EDMONTON, AB, CAN



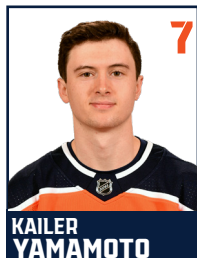
**JAY WOODCROFT**  
HEAD COACH

**J.F. HOULE**  
ASSISTANT COACH

**DAVE MANSON**  
ASSISTANT COACH

**SYLVAIN RODRIGUE**  
GOALTENDING COACH

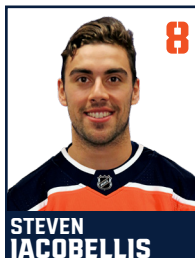
**SAM KIM**  
VIDEO COORDINATOR



**KAILER  
YAMAMOTO**

**FORWARD**

SHOOTS: RIGHT  
HEIGHT: 5'8"  
WEIGHT: 158  
BORN: 09/29/98  
SPOKANE, WA, USA



**STEVEN  
IACOBELLIS**

**DEFENSEMAN**

SHOOTS: LEFT  
HEIGHT: 5'9"  
WEIGHT: 170  
BORN: 08/20/93  
PORT COQUITLAM, BC, CAN



**LUKE  
ESPOSITO**

**FORWARD**

SHOOTS: LEFT  
HEIGHT: 5'10"  
WEIGHT: 183  
BORN: 10/18/93  
ANDOVER, MD, USA



**KRILL  
MAKSIMOV**

**FORWARD**

SHOOTS: RIGHT  
HEIGHT: 6'3"  
WEIGHT: 195  
BORN: 06/01/99  
MOSCOW, RUSSIA



**JOSH  
CURRIE [A]**

**FORWARD**

SHOOTS: RIGHT  
HEIGHT: 5'11"  
WEIGHT: 190  
BORN: 10/29/92  
CHARLOTTETOWN, PEI, CAN



**LOGAN  
DAY**

**DEFENSEMAN**

SHOOTS: RIGHT  
HEIGHT: 6'1"  
WEIGHT: 210  
BORN: 09/19/94  
SEMINOLE, FL, USA



**COOPER  
MARODY**

**FORWARD**

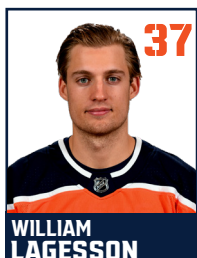
SHOOTS: RIGHT  
HEIGHT: 6'0"  
WEIGHT: 195  
BORN: 12/20/96  
BRIGHTON, MI, USA



**JAKE  
KULEVICH**

**DEFENSEMAN**

SHOOTS: LEFT  
HEIGHT: 6'3"  
WEIGHT: 210  
BORN: 02/13/93  
MARBLEHEAD, MA, USA



**WILLIAM  
LAGESSON**

**DEFENSEMAN**

SHOOTS: LEFT  
HEIGHT: 6'2"  
WEIGHT: 207  
BORN: 02/22/96  
GOTHENBERG, SWEDEN



**DMITRI  
SAMORUKOV**

**DEFENSEMAN**

SHOOTS: LEFT  
HEIGHT: 6'3"  
WEIGHT: 197  
BORN: 06/16/99  
VOLGOGRAD, RUSSIA



**DYLAN  
WELLS**

**GOALIE**

CATCHES: LEFT  
HEIGHT: 6'2"  
WEIGHT: 190  
BORN: 01/03/98  
ST. CATHARINES, ON, CAN



**SHANE  
STARRETT**

**GOALIE**

CATCHES: LEFT  
HEIGHT: 6'5"  
WEIGHT: 195  
BORN: 07/12/94  
BELLINGHAM, MA, USA

Julie lives 0.3 miles from the Condors practice facility.  
Which fraction is equivalent to 0.3?

- A.  $\frac{1}{3}$
- B.  $\frac{3}{10}$
- C.  $\frac{3}{100}$
- D.  $\frac{0}{3}$

How many degrees are in an angle that turns through  $\frac{1}{3}$  of a circle?

- A.  $360^\circ$
- B.  $180^\circ$
- C.  $120^\circ$
- D.  $90^\circ$

Carlos and his family left for the Condors game at 8:35 a.m. The trip took 1 hour 55 minutes. What time did they arrive?

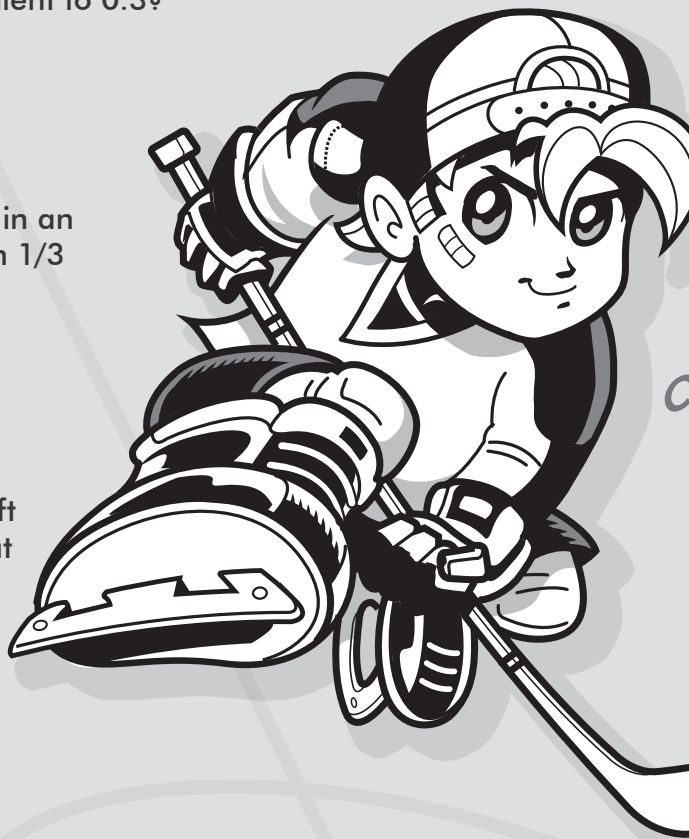
- A. 9:35 a.m.
- B. 10:15 a.m.
- C. 10:30 a.m.
- D. 10:45 a.m.

Miguel has 48 coins. Of the 48 coins,  $\frac{5}{8}$  are dimes. How many of the coins are dimes?

- A. 30
- B. 26
- C. 20
- D. 18

At lunch, eight friends share six sandwiches equally. What fraction of a sandwich does each friend get?

- A.  $\frac{3}{4}$
- B.  $\frac{2}{3}$
- C.  $\frac{1}{2}$
- D.  $\frac{1}{3}$



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email: [dothemath@kern.org](mailto:dothemath@kern.org)**

*Kern County*  
**Superintendent of Schools**  
Office of Mary C. Barlow ...advocates for children

# LANGUAGE ARTS

Draw a line to connect each term with its matching definition.

1. Zone

A. When at least one opposing player is serving a penalty, and the team has a numerical advantage on the ice.

2. Penalty Kill

B. When a player scores three goals in a single game.

3. Power Play

C. Where a player checks an opponent by using the shaft of his stick with both hands.

4. Hat Trick

D. An extra session of play added on after the full regulation time has concluded in order to resolve a tie.

5. Cross-Checking

E. One of three areas of the ice as divided by the blue lines.

6. Overtime

F. The period from which a team becomes short-handed due to one or more penalties until they are at full or even strength with the opposing team.

H O C K E Y W O R D S C R A M B L E

1. KHEOYC \_\_\_\_\_

2. ELPNAYT HTOS \_\_\_\_\_

3. RDPO SASP \_\_\_\_\_

4. LAGO TIGLH \_\_\_\_\_

5. GHHI TKSCIGNI \_\_\_\_\_

6. ASPL HTSD \_\_\_\_\_

# HOCKEY MAD LIB

Now have some fun making up your own Condors story! Ask a friend to name a part of speech for each blank. Then read the paragraph back to them out loud with the newly inserted words.

The \_\_\_\_\_ are my favorite hockey team. All the  
TEAM NAME  
 games are so \_\_\_\_\_. The players are so big and  
ADJECTIVE  
 \_\_\_\_\_. My favorite player is \_\_\_\_\_, and if  
ADJECTIVE PLAYER NAME  
 he \_\_\_\_\_ a goal today I will \_\_\_\_\_ like  
VERB VERB  
 crazy. I am so \_\_\_\_\_ I could come to the game  
ADJECTIVE  
 today with all my friends from \_\_\_\_\_. My teacher  
PLACE  
 even bought me some \_\_\_\_\_. When they play my  
FOOD  
 favorite song today I hope Colonel Claw'd will  
 \_\_\_\_\_ with me. I hope the players heard me  
VERB  
 when I shouted, "Let's Go \_\_\_\_\_!"  
TEAM NAME

## Creative Writing Prompts

(Write a short story based on the following scenarios)

As I walked up to the arena, I could hear the music playing inside. In my hand was a front row ticket right on the glass. I couldn't wait to get inside.....

The game was tied, 0-0 with just a minute left to play in overtime. The coach tapped me on the shoulder and told me it was my turn to go out on the ice. I had the chance to win the game.....



# HEALTH AND HOCKEY

Hockey players keep fit by exercising and eating right. Good nutrition is important for you, too. It will help you grow faster, have stronger bones, good teeth and be better at school.



## WHAT DOES A CONDOR PLAYER EAT?

While every player has his own favorite foods – especially before a game – you will find that most eat a balanced diet with a lot of fresh fruits & vegetables, lean protein like fish & chicken, and more carbohydrates before a game than after. Pasta and chicken is a very popular pre-game meal. It is also very important for players to drink lots and lots of water! Water prevents dehydration and muscle cramping. During a game, players drink roughly 8 ounces of fluids every 15-20 minutes.

## SWEAT & STRETCHING

Sweat is the body's way of dealing with heat generated through exercise. Some players lose up to 5-8 pounds per game – mostly from water weight they sweat out.

Stretching and flexibility is important for hockey players because they use many different muscles to help them speed up, slow down, skate backwards and change directions rapidly. Stretching increases endurance, metabolism, muscle control, reduces injury and enables the body to perform using less energy.

**CONDOR CHALLENGE:** Can you touch your toes? Do the splits? Stretch 10 minutes a night for one week and see how much more you can do.

**GET HEALTHY CHALLENGE:** Spend at least 30 minutes each day being active. Dance, ride your bike, play a sport, have a great time and get your body moving!



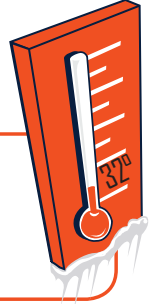
# HOCKEY SCIENCE



Use these fun facts to answer the questions below.



Over the course of a game, players can lose between five to eight pounds of body weight. This weight is mostly water, which is why a player drinks liquids on the bench to replenish his/her body.



The temperature of the ice during a game is 24° Fahrenheit (F) or -5° Celsius (C). Water has a freezing point of 32° F ; 0° C.



Goalie masks are made out of Kevlar, the same material used in bulletproof vests for police officers.



New materials for hockey sticks include aluminum and carbon-graphite, which generally weigh less than wood sticks. A player's slap shot can reach speeds up to 108 mph!



1. What temperature is the ice during a hockey game?

2. How much weight can a player lose over the course of a game? What type of weight is it?

3. Up to what speed can a puck travel from a player's shot?

4. Goalie masks are made of what material?

